

	Camp NoBeBoSco	Menu 2010	
	BREAKFAST	LUNCH	DINNER
SUNDAY:	"Milk" is lowfat milk	(Potatoes/Carrots/Onions/Tomatoes)	YANKEE POT ROAST
			Fresh Baked Bread
			Pudding
			Milk/Water
MONDAY:	Pancakes	Grilled Cheese	Spaghetti w/meat Sauce
	Cereal	Turkey-Noodle Soup	Salad w/ Tomatoes
	Bacon	w/ vegetables	Garlic Bread
	Milk	Crackers	Milk/Water
	Orange Juice	Juice/Water	Brownies Supreme
	Fresh Fruit	Make your own Chipwich	
TUESDAY:	Waffle Breakfast Sandwich	Make Your Own Tacos	Roast Pork
	Cereal	Soft and Hard Tacos	Mashed Potatoes/gravy
	Milk	Chips 'N Salsa	Green Beans/Cole Slaw
	Orange Juice	Sour Cream	Apple Pie a la mode
	Fresh Fruit	Cheese	Applesauce
		Tomatoes	Milk/Water
		Watermelon	Dinner Rolls
		Juice/Water	
Wednesday:	French Toast	Picnic Lunch:	London Broil
	Sausage	Hot Dogs	Steak Fries
	Cereal	Chips	Fresh Veggies and Dip
	Milk	Juice	Fresh Baked Bread
	Orange Juice	Chili	Milk/Water
	Fresh Fruit	Carrott Salad	ICE Cream Pies
		Apples/Cookies	
Thursday:	Skillet Breakfast:	Fresh Pizza	Barbecue Chicken
	Eggs	Celery Sticks w/ PB	Corn on the Cob
	Julienne Strips of Ham	Fruit Juice Bars	Baked Beans
	Tater Tots	Juice/Water	Potato Chips
	Milk/ Juice		Dinner Rolls
	Cereal		Whats Ups Ice Cream
	Fresh Fruit		Juice/Water
Friday:	Pancakes	Meatball Subs	Roast Turkey
	Cereal	Potato Chips	Stuffing
	Bacon	Carrot Sticks	Glazed Baby Carrots
	Milk	Juice/Water	Dinner Rolls
	Orange Juice	Baked Cookies	Milk/Water
	Fresh Fruit		Ice Cream Cups
Saturday:	Croissandwich		
	(eggs/bacon/cheese)		
	Cereal/Fruit		
	Milk /Orange Juice		